

The Sports Medicine Model of Injury Prevention for First Responders and its Impact

Wednesday, October 19th | 3:00 PM



We protect those who protect us



Pro athletes get specialized high-level
of quality orthopedic care. We believe the same
expedited quality care
should be available to our local heroes.





Every day,
**public safety
workers**
get hurt on and off the job.



When a member of the team is injured in the line of duty, the Chief's responsibility is to help them

**recover fully and
get back to work as
quickly** and efficiently as possible



The workers' compensation claim process
is confusing, and bureaucracy will

prevent injured employees

from getting **customized care**

from a specialist who understands
the demands of their job.



READY REBOUND

We protect those who protect us



"I started Ready Rebound because we wanted to get people back to their jobs as quickly as possible, to their families as quickly as possible and back to their lives as quick as possible."

**Luis Rivera, Ready Rebound Founder
PT, ATC, COMT, PES**





59,850+

Lives Protected
(and growing)



227

Municipalities
(and building)

10+

YEARS

DEDICATED TO THIS
HEALTHCARE SOLUTION

**MINORITY
OWNED BUSINESS**

*with proven track
record*

Ready Rebound's Evolution

Problem
discovered
2010

Research &
Development
2010-2015

Innovation grant
2015

Incorporation
2015

Rapid growth
2016-2020

Ready Rebound
is rebranded
2020

10 states
34 employees
Currently



We take great pride in establishing

**Trustworthy,
transparent and
mutually beneficial
partnerships**

**with the municipalities, insurance companies,
healthcare providers, and the lives we serve**

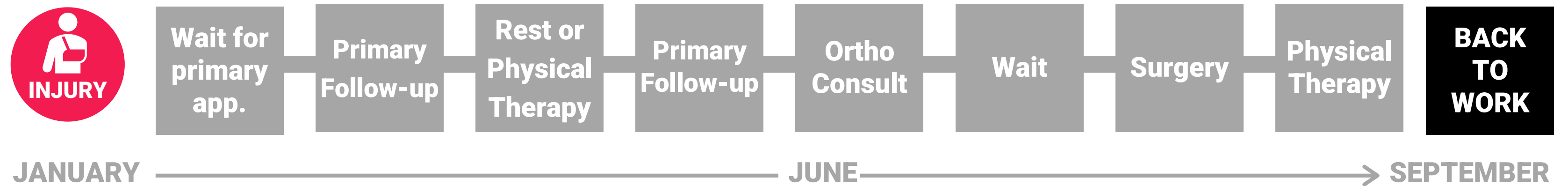


100+ YEARS
expertise in sports medicine
and patient advocacy

90+ YEARS
combined in law enforcement,
firefighting and education

Ready Rebound vs traditional treatment

In **traditional treatment**, injured workers face repeated delays



With **Rebound**, injured workers received expedited, high-quality care





Our **exclusive
healthcare
network** consists of the
very best practitioners in your
region that provide unprecedented
access and value.



Accelerated access

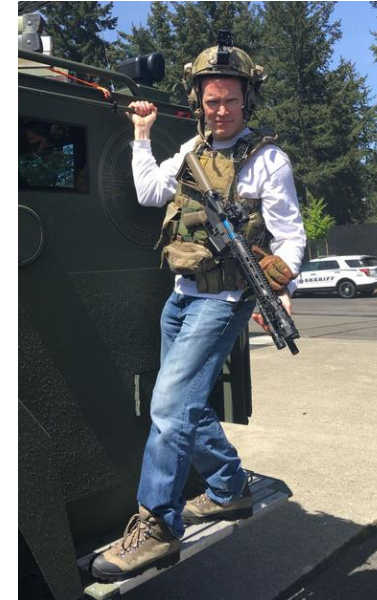


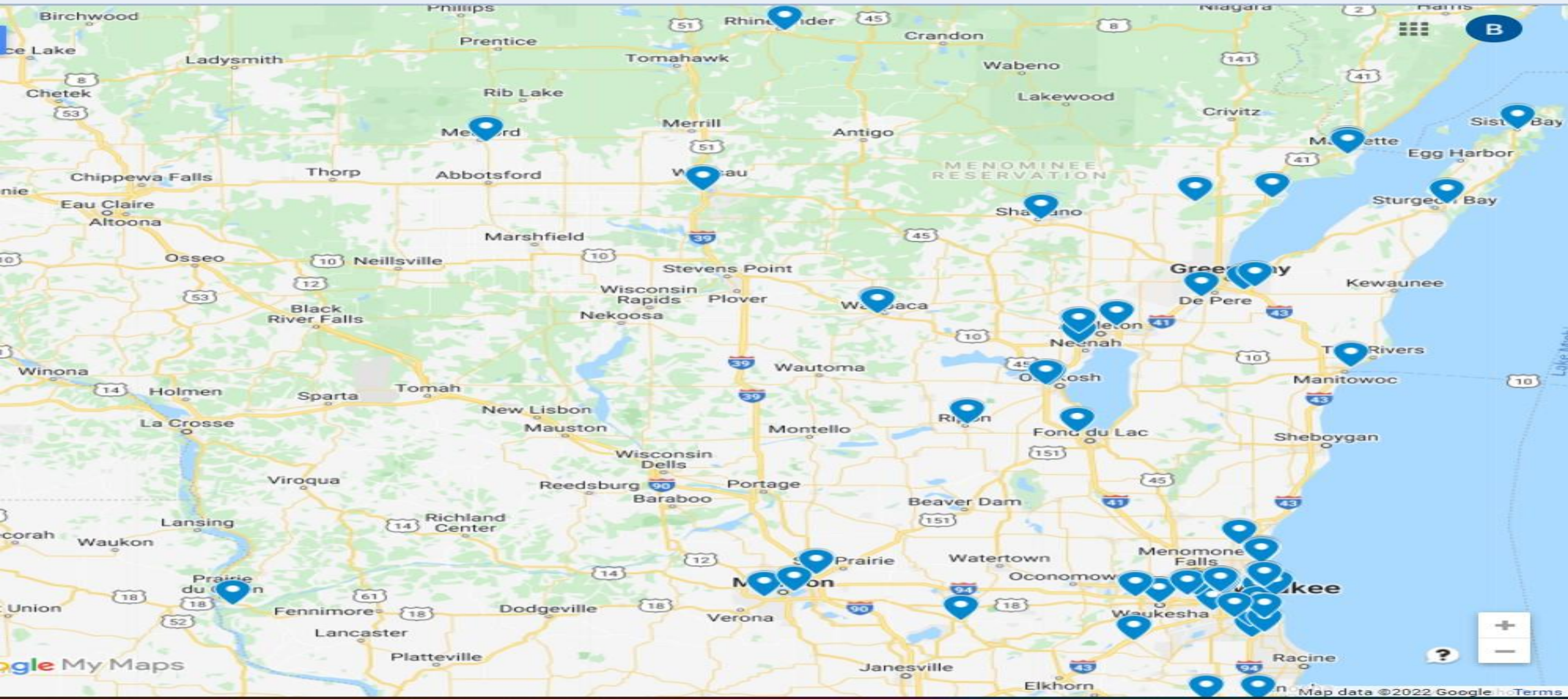
Our providers commit to giving each of our members the **VIP experience** that all professional athletes receive. This includes **priority scheduling and collaborative communication.**



Provider Development Program

Our doctors and therapists gain insight into our members' physically demanding jobs through hands-on training and continuing education.





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Services



The Process

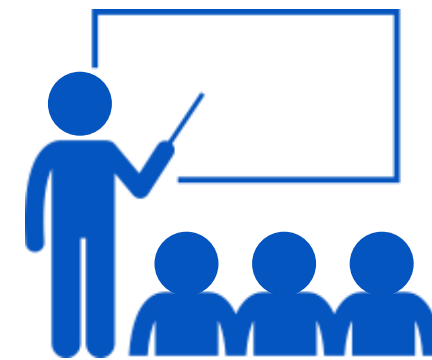
Working with Ready Rebound is easy for administrators and employees.



**Sign
contract**



**Complete
Integration**



**Training
&
education**



**Receive
services**



Our Navigators **provide support** and
treatment options over the phone.



Our Advocates are with employees **every step**
of the way. We help them stay on track
with appointments and weekly check-in calls.





We keep all
stakeholders informed



**with updates regarding care plans for
each member injured on-duty.**





**We are committed to serve and
protect those who protect us,
and to their immediate**

family members

**who are eligible to use our services
when they get injured, following their
insurance mandates.**



We **inform and educate**


**your employees and their families
about our services.**

Village of Mukwonago Utilities Savings Estimation

View another municipality

Last Year

My Advocate



Liz Whitley

ewhitley@justrebound.com

Total Number of Courtesy Cases

0

Total Number of Cases

1 On duty | 3 Off duty

4

Number of Wait Days Saved

Combined days saved from all interventions

143

Total Overtime Savings Estimate [?]

Estimated cost per backfill/OT shift \$378.16

\$38,626.34

Total Cases to MD	
4	
Rebound Total Days to Initial MD for all cases	5
Rebound Average number of days to initial MD	1
Typical days to initial MD per case	14
Typical total days to initial MD for all cases	56
Total days saved to initial MD visit	51

Total Cases to MRI	
1	
Rebound Total Days to MRI	0
Rebound Average number of days to MRI	0
Typical days to MRI per case	14
Typical total days to MRI for all cases	14
Total days saved to MRI	14

Total Cases to Physical Therapy	
2	
Rebound Total Days to PT for all cases	9
Rebound Average number of days to PT	5
Typical days to PT per case	14
Typical total days to PT for all cases	28
Total days saved to Physical Therapy	19


Total Cases to Surgery	
1	
Rebound Total Days to Surgery	1
Rebound Average number of days to surgery	1
Typical days to surgery per case	60
Typical total days to surgery for all cases	60
Total days saved to Surgery	59

City of Muskego Police Department Savings Estimation

View another municipality

Last Year

My Advocate



Liz Whitley

ewhitley@justrebound.com

Total Number of Courtesy Cases

1

Total Number of Cases

1 On duty | 7 Off duty

8

Number of Wait Days Saved

Combined days saved from all interventions

166

Total Overtime Savings Estimate [?]

Estimated cost per backfill/OT shift \$412

\$51,294.00

Total Cases to MD	
7	
Rebound Total Days to Initial MD for all cases	10
Rebound Average number of days to initial MD	1
Typical days to initial MD per case	14
Typical total days to initial MD for all cases	98
Total days saved to initial MD visit	88

Total Cases to MRI	
2	
Rebound Total Days to MRI	6
Rebound Average number of days to MRI	3
Typical days to MRI per case	14
Typical total days to MRI for all cases	28
Total days saved to MRI	22

Total Cases to Physical Therapy	
3	
Rebound Total Days to PT for all cases	10
Rebound Average number of days to PT	3
Typical days to PT per case	14
Typical total days to PT for all cases	42
Total days saved to Physical Therapy	32


Total Cases to Surgery	
1	
Rebound Total Days to Surgery	36
Rebound Average number of days to surgery	36
Typical days to surgery per case	60
Typical total days to surgery for all cases	60
Total days saved to Surgery	24

Village of Mukwonago Public Works Savings Estimation

View another municipality

Last Year

My Advocate



Liz Whitley

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Total Number of Courtesy Cases

0

Total Number of Cases

1 On duty | 0 Off duty

1

Number of Wait Days Saved

Combined days saved from all interventions

87

Total Overtime Savings Estimate [?]

Estimated cost per backfill/OT shift \$332.64

\$20,671.20

Total Cases to MD	
1	
Rebound Total Days to Initial MD for all cases	1
Rebound Average number of days to initial MD	1
Typical days to initial MD per case	14
Typical total days to initial MD for all cases	14
Total days saved to initial MD visit	13

Total Cases to MRI	
1	
Rebound Total Days to MRI	3
Rebound Average number of days to MRI	3
Typical days to MRI per case	14
Typical total days to MRI for all cases	14
Total days saved to MRI	11

Total Cases to Physical Therapy	
1	
Rebound Total Days to PT for all cases	7
Rebound Average number of days to PT	7
Typical days to PT per case	14
Typical total days to PT for all cases	14
Total days saved to Physical Therapy	7


Total Cases to Surgery	
1	
Rebound Total Days to Surgery	4
Rebound Average number of days to surgery	4
Typical days to surgery per case	60
Typical total days to surgery for all cases	60
Total days saved to Surgery	56

Village of Pleasant Prairie Police Savings Estimation

View another municipality

Last Year

My Advocate



Liz Whitley
ewhitley@justrebound.com

Total Number of Courtesy Cases

1

Total Number of Cases

1 On duty | 2 Off duty

3

Number of Wait Days Saved

Combined days saved from all interventions

95

Total Overtime Savings Estimate [?]

Estimated cost per backfill/OT shift \$451.66

\$30,648.36

Total Cases to MD

2

Rebound Total Days to Initial MD for all cases	7
Rebound Average number of days to initial MD	4
Typical days to initial MD per case	14
Typical total days to initial MD for all cases	28
Total days saved to initial MD visit	21

Total Cases to MRI

2

Rebound Total Days to MRI	9
Rebound Average number of days to MRI	5
Typical days to MRI per case	14
Typical total days to MRI for all cases	28
Total days saved to MRI	19

Total Cases to Physical Therapy

2

Rebound Total Days to PT for all cases	14
Rebound Average number of days to PT	7
Typical days to PT per case	14
Typical total days to PT for all cases	28
Total days saved to Physical Therapy	14

Total Cases to Surgery

2


Rebound Total Days to Surgery	79
Rebound Average number of days to surgery	40
Typical days to surgery per case	60
Typical total days to surgery for all cases	120
Total days saved to Surgery	41

North Shore Fire Department (LWMMI) Savings Estimation

View another municipality

Last Year

My Advocate



Liz Whitley
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Total Number of Courtesy Cases

4

Total Number of Cases
15 On duty | 12 Off duty

27

Number of Wait Days Saved
Combined days saved from all interventions

745

Total Overtime Savings Estimate [?]
Estimated cost per backfill/OT shift \$1157.74

\$308,041.54

Total Cases to MD	
27	
Rebound Total Days to Initial MD for all cases	132
Rebound Average number of days to initial MD	5
Typical days to initial MD per case	14
Typical total days to initial MD for all cases	378
Total days saved to initial MD visit	246

Total Cases to MRI	
10	
Rebound Total Days to MRI	43
Rebound Average number of days to MRI	4
Typical days to MRI per case	14
Typical total days to MRI for all cases	140
Total days saved to MRI	97

Total Cases to Physical Therapy	
15	
Rebound Total Days to PT for all cases	85
Rebound Average number of days to PT	6
Typical days to PT per case	14
Typical total days to PT for all cases	210
Total days saved to Physical Therapy	125

Total Cases to Surgery	
8	
Rebound Total Days to Surgery	203
Rebound Average number of days to surgery	25
Typical days to surgery per case	60
Typical total days to surgery for all cases	480
Total days saved to Surgery	277

The background is a solid green color. It features several abstract, darker green shapes. A prominent shape on the left side is a large, curved, arrow-like form pointing upwards and to the right. Another curved shape is visible in the upper left, and a thin, curved line is in the lower left. The text 'Financial benefits' is centered horizontally and partially overlaid by these shapes.

Financial benefits

Ready Rebound 2020 Data

Our clients are seeing a dramatic increase in savings related to injuries

Total Overtime Savings

\$13,114,011



1,027

Member injuries treated



\$11,078

Average Overtime Savings per Injury

LWMMI Clients 2021 Data

Our clients are seeing a dramatic increase in savings related to injuries

Total Overtime Savings
\$644,355

LWMMI 2022 Data

2022 Year to Date LWMMI Savings

Total Claims Savings

\$100,577



One important point is the **positive**
impact the program
has on the mental well-being of injured members. They are in a
much better place knowing they have a team of people
truly vested in helping them get back on the
line as quick as possible. This is priceless.

John Schwengel
Assistant Chief, Milwaukee Fire Department



CONTACT



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